

**SUNDAY**

Face Time can be schedule with the activity staff

**\*NAIL CARE DONE UPON REQUEST**

**\*ALL VISITS MUST BE SCHEDULED WITH THE ACTIVITY DEPARTMENT**

**\* INDEPENDENCE DAY\***  
 9:00 MORNING SHOWS  
 \* FLAG SALUTE/EXERCISE  
 10:30 CHRISTIAN CHURCH WATER OF LIFE  
 11:00 WORD GAMES  
 2:00 B I N G O  
 4:00 WEEKEND NEWS

**11**  
 9:00 MORNING SHOWS  
 \* FLAG SALUTE/EXERCISE  
 10:30 CHRISTIAN CHURCH WATER OF LIFE  
 11:00 WORD GAMES  
 2:00 B I N G O  
 4:00 WEEKEND NEWS

**18**  
 9:00 MORNING SHOWS  
 \* FLAG SALUTE/EXERCISE  
 10:30 CHRISTIAN CHURCH WATER OF LIFE  
 11:00 WORD GAMES  
 2:00 B I N G O  
 4:00 WEEKEND NEWS

**25**  
 9:00 MORNING SHOWS  
 \* FLAG SALUTE/EXERCISE  
 10:30 CHRISTIAN CHURCH WATER OF LIFE  
 11:00 WORD GAMES  
 2:00 B I N G O  
 4:00 WEEKEND NEWS

**MONDAY**

9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 WORD GAMES  
 2:00 DOMINOES  
 4:00 AFTERNOON NEWS

**5**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 WORD GAMES  
 2:00 DOMINOES  
 4:00 AFTERNOON NEWS

**12**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 WORD GAMES  
 2:00 DOMINOES  
 4:00 AFTERNOON NEWS

**19**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 WORD GAMES  
 2:00 DOMINOES  
 4:00 AFTERNOON NEWS

**26**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 WORD GAMES  
 2:00 DOMINOES  
 4:00 AFTERNOON NEWS

**27**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 WORD GAMES  
 2:00 DOMINOES  
 4:00 AFTERNOON NEWS

**TUESDAY**

9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 ZUMBA  
 10:45 TRIVIA TUESDAY  
 2:00 NO PEKKE  
 4:00 AFTERNOON NEWS

**6**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 AM WARM UPS  
 10:45 TRIVIA TUESDAY  
 2:00 NO PEKKE  
 4:00 AFTERNOON NEWS

**13**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 ZUMBA  
 10:45 TRIVIA TUESDAY  
 2:00 NO PEKKE  
 4:00 AFTERNOON NEWS

**20**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 ZUMBA  
 10:45 TRIVIA TUESDAY  
 2:00 NO PEKKE  
 4:00 AFTERNOON NEWS

**27**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 ZUMBA  
 10:45 TRIVIA TUESDAY  
 2:00 NO PEKKE  
 4:00 AFTERNOON NEWS

**28**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 AM WARM UPS  
 10:45 TRIVIA TUESDAY  
 2:00 NO PEKKE  
 4:00 AFTERNOON NEWS

**WEDNESDAY**

9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 AM WARM UPS  
 10:30 WORD GAME  
 2:00 BLACK JACK  
 4:00 NEWS REVIEW

**7**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 AM WARM UPS  
 10:30 WORD GAME  
 2:00 BLACK JACK  
 4:00 NEWS REVIEW

**14**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 AM WARM UPS  
 10:30 WORD GAME  
 2:00 BLACK JACK  
 4:00 NEWS REVIEW

**21**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 RESIDENT COUNCIL MEETING  
 11:00 WORD GAME  
 2:00 BLACK JACK  
 4:00 NEWS REVIEW

**28**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 AM WARM UPS  
 10:30 WORD GAME  
 2:00 BLACK JACK  
 4:00 NEWS REVIEW

**29**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 THEME WORD SEARCH  
 2:00 BINGO  
 4:00 NEWS UPDATE

**THURSDAY**

9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 THEME WORD SEARCH  
 2:00 BINGO  
 4:00 NEWS UPDATE

**8**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 THEME WORD SEARCH  
 2:00 COOKING CLASS  
 4:00 NEWS UPDATE

**15**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 THEME WORD SEARCH  
 2:00 BINGO  
 4:00 NEWS UPDATE

**22**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 RESIDENT COUNCIL MEETING  
 11:00 WORD GAME  
 2:00 BLACK JACK  
 4:00 NEWS REVIEW

**29**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 THEME WORD SEARCH  
 2:00 BINGO  
 4:00 NEWS UPDATE

**30**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:30 FOOD FOR THOUGHT  
 11:00 WORD GAMES  
 2:00 GAME OF CHOICE  
 4:00 NEWS UPDATE

**FRIDAY**

9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 WORD GAMES  
 2:00 BBQ LUNCH  
 4:00 NEWS UPDATE

**9**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:30 FOOD FOR THOUGHT  
 11:00 WORD GAMES  
 2:00 BINGO  
 4:00 NEWS UPDATE

**16**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:30 FOOD FOR THOUGHT  
 11:00 WORD GAMES  
 2:00 GAME OF CHOICE  
 4:00 NEWS UPDATE

**23**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:30 SIT AND STRETCH EXERCISE  
 10:45 ROSARY  
 11:00 WORD SEARCH  
 2:00 BINGO  
 4:00 NEWS UPDATE

**30**  
 9:00-BACK TO NATURE/MUSIC  
 9:30 FLAG SALUTE  
 -DAILY WEATHER/MENU REVIEW  
 -RESIDENTS RIGHTS  
 -POSITIVE QUOTES  
 10:00 SIT AND STRETCH EXERCISE  
 10:30 FOOD FOR THOUGHT  
 11:00 WORD GAMES  
 2:00 GAME OF CHOICE  
 4:00 NEWS UPDATE

**31**  
 9:00 NATURE VIDEOS  
 9:30 FLAG SALUTE  
 -EXERCISE w/MUSIC  
 10:00 NEWS REVIEW/HOROSCOPE  
 10:30 TRIVIA  
 11:00 WORD SEARCH  
 2:00 TABLE GAMES  
 4:00 NEWS UPDATE

**SATURDAY**

9:00 NATURE VIDEOS  
 9:30 FLAG SALUTE  
 -EXERCISE w/MUSIC  
 10:00 NEWS REVIEW/HOROSCOPE  
 10:30 TRIVIA  
 11:00 WORD SEARCH  
 2:00 TABLE GAMES  
 4:00 NEWS UPDATE

**3**  
 9:00 NATURE VIDEOS  
 9:30 FLAG SALUTE  
 -EXERCISE w/MUSIC  
 10:00 NEWS REVIEW/HOROSCOPE  
 10:30 TRIVIA  
 11:00 WORD SEARCH  
 2:00 TABLE GAMES  
 4:00 NEWS UPDATE

**10**  
 9:00 NATURE VIDEOS  
 9:30 FLAG SALUTE  
 -EXERCISE w/MUSIC  
 10:00 NEWS REVIEW/HOROSCOPE  
 10:30 TRIVIA  
 11:00 WORD SEARCH  
 2:00 TABLE GAMES  
 4:00 NEWS UPDATE

**17**  
 9:00 NATURE VIDEOS  
 9:30 FLAG SALUTE  
 -EXERCISE w/MUSIC  
 10:00 NEWS REVIEW/HOROSCOPE  
 10:30 TRIVIA  
 11:00 WORD SEARCH  
 2:00 TABLE GAMES  
 4:00 NEWS UPDATE

**24**  
 9:00 NATURE VIDEOS  
 9:30 FLAG SALUTE  
 -EXERCISE w/MUSIC  
 10:00 NEWS REVIEW/HOROSCOPE  
 10:30 TRIVIA  
 11:00 WORD SEARCH  
 2:00 TABLE GAMES  
 4:00 NEWS UPDATE

**31**  
 9:00 NATURE VIDEOS  
 9:30 FLAG SALUTE  
 -EXERCISE w/MUSIC  
 10:00 NEWS REVIEW/HOROSCOPE  
 10:30 TRIVIA  
 11:00 WORD SEARCH  
 2:00 TABLE GAMES  
 4:00 NEWS UPDATE

**JULY 2021**  
 LARGE CALENDAR POSTED IN THE DINING ROOM  
 RESIDENT'S RIGHTS REVIEWED DAILY

\*All activities on the calendar are flexible and supplies for independent activity are available upon request

